

# MORNING PRAYER

Sunday 2 August 2020

*The service of **Morning Prayer** has its roots in the daily pattern of prayer and worship in monastic communities. The liturgy draws richly on the scriptures: both in the appointed psalms and readings, and also in other songs (canticles) and responses. Today's pew sheet (see [www.anglicanaltlav.org.au/pew-sheets](http://www.anglicanaltlav.org.au/pew-sheets)) contains a third reading, set for today but not included in this service.*

This is the day that the Lord has made.  
**We will rejoice and be glad in it.**

*Psalm 118.24*

Glory to God; Father, Son and Holy Spirit:  
**as in the beginning, so now, and for ever. Amen.**

## *The Opening Canticle, A Song of Triumph (Venite)*

O come, let us sing out to the Lord:  
let us shout in triumph to the rock of our salvation.  
Let us come before his face with thanksgiving:  
and cry out to him joyfully in psalms.  
For the Lord is a great God:  
and a great king above all gods.  
In his hand are the depths of the earth:  
and the peaks of the mountains are his also.  
The sea is his and he made it:  
his hands moulded dry land.  
Come, let us worship and bow down:  
and kneel before the Lord our maker.  
For he is the Lord our God:  
we are his people and the sheep of his pasture.  
Today if only you would hear his voice:  
'Do not harden your hearts as Israel did in the wilderness;  
'When your forebears tested me:  
put me to proof though they had seen my works.  
'Forty years long I loathed that generation and said:  
'It is a people who err in their hearts,  
for they do not know my ways";  
'Of whom I swore in my wrath:  
'They shall not enter my rest.'"

*Psalm 95*

## *The Opening Prayer*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence may be kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

## *Confession*

Let us confess our sins in penitence and faith,  
confident in God's forgiveness.

**Merciful God,  
our maker and our judge,  
we have sinned against you  
in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you  
in newness of life;  
through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you,  
forgive you your sins through our Lord Jesus Christ,  
strengthen you in all goodness,  
and by the power of the Holy Spirit  
keep you in eternal life. **Amen.**

## *Psalm*

Hear my just cause, O Lord, give heed to my cry:  
listen to my prayer, that comes from no lying lips.  
Let judgement for me come forth from your  
presence: and let your eyes discern the right.  
Though you search my heart, and visit me in the  
night-time: though you try me by fire, you will  
find no wickedness in me.  
My mouth does not transgress, like the mouth of  
others: for I have kept the word of your lips.  
My steps have held firm in the way of your  
commands: and my feet have not stumbled from  
your paths.  
I call upon you, O God, for you will surely answer:  
incline your ear to me, and hear my words.  
Show me the wonders of your steadfast love, O  
saviour of those who come to you for refuge: who

by your right hand deliver them from those that rise up against them.  
And I also shall see your face, because my cause is just: when I awake and see you as you are, I shall be satisfied.

(17.1-7, 16)

Generous Lord,  
deliver us from all envious thoughts,  
and when we are tempted by the desire for wealth,  
let us see your face;  
for your abundance is enough to clothe our lack;  
through Jesus Christ our Lord. **Amen.**

*Reading from the First Testament (Hebrew Bible)*

A reading from the book Genesis.

Jacob got up during the night, took his two wives, his two women servants, and his eleven sons, and crossed the Jabbok River's shallow water. He took them and everything that belonged to him, and he helped them cross the river. But Jacob stayed apart by himself, and a man wrestled with him until dawn broke. When the man saw that he couldn't defeat Jacob, he grabbed Jacob's thigh and tore a muscle in Jacob's thigh as he wrestled with him. The man said, "Let me go because the dawn is breaking."

But Jacob said, "I won't let you go until you bless me."

He said to Jacob, "What's your name?" and he said, "Jacob." Then he said, "Your name won't be Jacob any longer, but Israel, because you struggled with God and with men and won."

Jacob also asked and said, "Tell me your name."

But he said, "Why do you ask for my name?" and he blessed Jacob there. Jacob named the place Peniel, "because I've seen God face-to-face, and my life has been saved." The sun rose as Jacob passed Peniel, limping because of his thigh.

(32.22-31; CEB)

Here ends the first reading.

*Reading from the New Testament*

A reading from the Gospel according to Matthew.

When Jesus heard about John, he withdrew in a boat to a deserted place by himself. When the crowds learned this, they followed him on foot from the cities. When Jesus arrived and saw a large crowd, he had compassion for them and healed those who were sick. That evening his disciples came and said to him,

"This is an isolated place and it's getting late. Send the crowds away so they can go into the villages and buy food for themselves."

But Jesus said to them, "There's no need to send them away. You give them something to eat."

They replied, "We have nothing here except five loaves of bread and two fish."

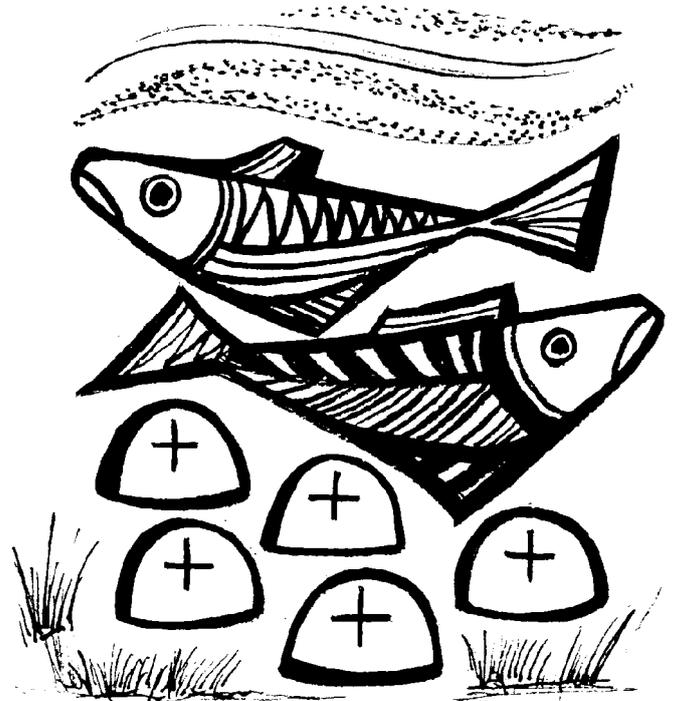
He said, "Bring them here to me." He ordered the crowds to sit down on the grass. He took the five loaves of bread and the two fish, looked up to heaven, blessed them and broke the loaves apart and gave them to his disciples. Then the disciples gave them to the crowds. Everyone ate until they were full, and they filled twelve baskets with the leftovers. About five thousand men plus women and children had eaten.

(14.13-21; CEB)

Here ends the second reading.

*The readings are followed by a short period of silence for reflection, then the response*

May your word live in us  
**and bear much fruit to your glory.**



### *The Canticle, The Song of Zechariah (Benedictus)*

Blessed be the Lord, the God of Israel:  
who has come to his people and set them free.  
The Lord has raised up for us a mighty Saviour:  
born of the house of his servant David.  
Through the holy prophets, God promised of old:  
to save us from our enemies, from the hands of  
all who hate us,  
To show mercy to our forebears:  
and to remember his holy covenant.  
This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,  
Free to worship him without fear:  
holy and righteous before him, all the days of our  
life.  
And you, child, shall be called the prophet of the  
Most High:  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation:  
by the forgiveness of their sins.  
In the tender compassion of our God:  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness  
and the shadow of death:  
and to guide our feet into the way of peace.

*Luke 1.68-79*

### *Sermon*

David Spitteler (The Asylum Seekers Centre,  
Dandenong)

### *The Apostles' Creed*

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ,  
God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose from the dead;  
he ascended into heaven,  
and is seated at the right hand of the Father;  
from there he will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### *The Prayers*

Lord have mercy.  
**Christ have mercy.**  
Lord have mercy.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

### *The Collect of the Day*

O God, giver of life and health,  
whose Son Jesus Christ has called us  
to hunger and thirst for justice:  
refresh us with your grace,  
that we may not be weary in well-doing,  
for the sake of him who meets all our needs,  
Jesus Christ our Saviour;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

### *Intercessions and Thanksgivings.*

### *The Morning Collect*

Eternal God and Father,  
by whose power we are created  
and by whose love we are redeemed;  
guide and strengthen us by your Spirit,  
that we may give ourselves to your service,  
and live this day in love to one another and to you;  
through Jesus Christ our Lord. **Amen.**

The Lord be with you.  
**And also with you.**  
Let us praise the Lord.  
**Thanks be to God.**

The grace of the Lord Jesus Christ, and the love of  
God, and the fellowship of the Holy Spirit, be with us  
all evermore. **Amen.**

*2 Corinthians 13.14*

*Material in this service is taken from A Prayer Book for Australia  
(1995), Common Worship: Daily Prayer (2005).*