

ANGLICAN PARISH OF ALTONA/ LAVERTON



St Eanswythe's Altona
St Clement's Altona Meadows
O Te Wairua Tapu Ki Poipiripi



*To proclaim God's love and life in Christ:
growing in faith † serving others † nurturing a common life*

4th February 2024 **Fifth Sunday After Epiphany**

8:30am Holy Eucharist, St Clement's
10:30am Sung Eucharist, St Eanswythe's
1:00pm Te Hakari Tapu (Maori Service), St Eanswythe's

Wominjeka :: Haere mai
Welcome



A warm welcome to our worship today, especially if you are with us for the first time or visiting from elsewhere.

Please do stay to share refreshments at the end of the service.

Our parish lies on the country of the Kulin nation. We recognise and honour the Indigenous custodians of this land over countless generations, and we pay our respects to their elders, past and present. We commit ourselves to the path of reconciliation, justice and healing (including to Pay The Rent to local First Nations people).

Gathering in God's name

We meet in God's name, as God's people – children of God in all our rich diversity, with all that we carry from the complexity of our lives.

We turn to God in praise and prayer; this includes recalling all that has separated us from God, and claiming the love and forgiveness that is always held out to us.

INTROIT HYMN 161 Tell out, my soul, the greatness of the Lord
(found in the red hymn book Together in Song)

THE COLLECT *(prayer of the day)*

Saving God,
whose Son, Jesus Christ, healed the sick
and brought them wholeness of body and mind:
inspire us, his disciples,
so that we may constantly proclaim his gospel
by our words
and by the dedication and integrity of our lives;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

FIRST READING

A reading from the book of Isaiah (40.21-31)

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the LORD, and my right is disregarded by my God'? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary, they shall walk and not faint.

Hear the word of the Lord.

Thanks be to God.

PSALM (147.1-11)

O praise the Lord, for it is good to sing praises to our God: and to praise him is joyful and right.

The Lord is rebuilding Jerusalem: he is gathering together the scattered outcasts of Israel.

He heals the broken in spirit: and binds up their wounds.

He counts the number of the stars: and calls them all by name.

Great is our Lord, and great is his power: there is no measuring his understanding.

The Lord restores the humble: but he brings down the wicked to the dust.

O sing to the Lord a song of thanksgiving: sing praises to our God upon the harp.

He covers the heavens with cloud, and prepares rain for the earth: and makes the grass to sprout upon the mountains.

He gives the cattle their food: and feeds the young ravens that call to him.

He takes no pleasure in the strength of a horse: nor does he delight in anyone's legs,

But the Lord's delight is in those that fear him: who wait in hope for his mercy.

SECOND READING

A reading from the first letter of Paul to the Corinthians (9.16-23)

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear the word of the Lord.

Thanks be to God.

GRADUAL HYMN 223 How sweet the name of Jesus sounds
(found in the red hymn book Together in Song)

THE GOSPEL

Alleluia. **Alleluia.**

He bore our sickness, and endured our suffering. **Alleluia.**

The Lord be with you. **And also with you.**

A reading from the Holy Gospel of our Lord Jesus Christ
according to Mark (1.29-39)

Glory to you, Lord Jesus Christ.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sunset, they

brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they

found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

For the Gospel of the Lord:

Praise to you, Lord Jesus Christ.

SERMON

Celebrating at the Lord's table

Our sharing is a gift of grace, a communion with Jesus and with each other. There is a place here for each and every person.

OFFERTORY HYMN 282 The voice of God goes out to all the world
(found in the red hymn book Together in Song)

Everyone is invited to share communion or receive a blessing. Children who have been baptised are welcome to share communion. If you would prefer not to share communion but to receive a personal blessing, please indicate when the minister comes to you.

While communion is being shared, we sing:

**Bless the Lord, my soul,
and bless God's holy name.
Bless the Lord, my soul,
who leads me into life.**

*(Hymn 706)
Words: Taizé Community & Jacques Berthier (1923-94)
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Going into the world

The Eucharist offers us a way to be renewed, transformed, and blessed: now we take that blessing to share with others, in our words and actions, our hearts and lives.

'The Eucharist never ends – it must be lived.'



RECESSIONAL HYMN 28 God is our strength and refuge
(found in the red hymn book Together in Song)

Eucharist Readings for this Week

Take some time to prepare for worship together by exploring the readings for this week.

Readings for Wednesday 7 February

1 Kings 10.1-10; Ps 37.35-40; Mark 7.14-23

Readings for Thursday 8 February

1 Kings 11.4-13; Ps 106.32-39; Mark 7.24-30

Readings for Sunday 11 February: Last Sunday After Epiphany - Transfiguration

2 Kings 2.1-12; Ps 50.1-6; 2 Corinthians 4.3-12; Mark 9.2-9



Morning Prayer: Shared on Tuesday and Friday morning at 9:00am at St Eanswythe's. Everyone is welcome.

Parish Contact List

St Eanswythe's: Cnr Bent & Queen St, Altona 3018 | PO Box 48, Altona VIC 3018

St Clement's: 85-95 Central Ave, Altona Meadows 3028

www.anglicanaltlav.org.au | T: 03 9398 1005 | E: parish@anglicanaltlav.org.au

Locum: The Rev'd Dave Thompson

M: 0431 041 555 | E: dthompson@melbourneanglican.org.au

Assistant Priest and Maori Minister: The Rev'd Danny McRoberts

M: 0448 841 196 | E: dann.mcroberts@gmail.com

Church Wardens: Lily Griffin, Soon Ghee Yap & Denis Lee

Notices

Mothers Union & Caritas Members: Mothers Union and Caritas members are invited to the 10:00am service at St Eanswythe's on Thursday 8th February, which will be followed by a meeting with Rev'd Dave as guest speaker.



Morning Prayer: Shared at St Eanswythe's Tuesday and Friday mornings at 9:00am. All Welcome!

Shrove Tuesday 13 February: Everyone is invited to come and share some pancakes on Shrove Tuesday, a traditional feast day before the start of Lent, at St Eanswythe's at 6:00pm.



Ash Wednesday Liturgy: Ash Wednesday will be celebrated on Wednesday 14th February at St Eanswythe's at 7:00pm.

Sunday 11 February & Ash Wednesday 14 February: Sunday 11th of February is the last Sunday before Ash Wednesday; which is February 14th. Can parishioners bring in their 'reed' crosses that we had from last years' Easter Sunday service which will be burnt and used for our service on Ash Wednesday. There will be baskets in each place of worship. It would be appreciated if you could place them in these baskets. Thank you.



Appointment of Reverend Kerry Davis: On behalf of the Wardens Denis Lee, Soon Ghee Yap and Lily Griffin, we have been informed that the Archbishop Philip has appointed; Reverend Kerry Davis as our Vicar. Rev'd Kerry and with his wife Vaoa will be joining us in May 2024. We are so pleased to make this announcement and thank you for your prayer-full support for the Parish Nomination Committee.

Planned Giving 2024/25: Pat Baines has decided that this year is her last as co-ordinator of the Planned Giving Programme. We are asking for any interested parishioners to speak to Pat on 9315 7838 or one of the Wardens who would like to take the opportunity to help undertake this important and vital role. You can also email the parish office on parish@anglicanaltlav.org.au.

Church Warden: Any parishioner interested in becoming a Church Warden please contact Lily as she will be stepping down from her role at the end of October 2024 after serving 7 years.

Treasurer: Gary, our Treasurer has decided that following the Annual Parish Meeting at the end of October this year, he will be stepping down from his role. We are looking for someone who would be willing to replace him allowing plenty of time for handover.

For our Prayers This Week

The world and nation: For peace, an end to the fighting and the people suffering around the world especially in Israel, Palestine, Iran, Russia and Ukraine.

The Church: *World Council of Churches:* Andorra, Italy, Malta, Portugal, San Marino, Spain & Vatican City.

For Christians who are facing persecution and martyrdom, and for those who pray and grieve for them.

Anglican Church of Australia: The Diocese of Bunbury (Bp Ian Coutts, Clergy & People).

Diocese of Melbourne: The Oak Tree Parish of St Mary's Caulfield with St Clement's Elsternwick (Mark Juers, Andrew Stewart, Karen Winsemius).

Agencies supported by our parish:
Anglicare Victoria – for prison chaplaincy ministry across the state.

Our parish & community: For God's guidance, love and care of our people. We also pray for the safe arrival of our new Vicar Rev'd Kerry and his family.

Those with particular needs at this time:
Denise, Stuart, Anthony, Carol, Lewis, Christopher, Maria, Kay, Michael, Anna, Toby, John, Margaret, Doris.

The communion of saints:

Year's mind:
Ohomairangi Jamaine
Paikea-McRoberts (5),
Florence Pugsley (6),
Edward France (7).



To add a name to the public pew sheet prayer list, for those needing prayers now or to be remembered on the anniversary of their death, please contact the clergy or parish office.

Prayer of the Week

Father of all,
who gave your only-begotten Son
to take upon himself the form of a servant
and to be obedient even to death on a cross:
give us the same mind that was in Christ Jesus,
that, sharing in his humility,
we may come to be with him in his glory;
where he lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

epray®



This Week in our Parish

Sunday 4 February:

Fifth Sunday After Epiphany

8:30am Holy Eucharist, St Clement's
10:30am Sung Eucharist, St Eanswythe's
1:00pm Te Hakari Tapu, St Eanswythe's
5:00pm Holy Eucharist, St Clement's

Tuesday - Friday

10:30am-2:30pm Op Shop open

Tuesday 6 February

9:00am Morning Prayer, St Eanswythe's
10:00am Tiddler's Playgroup,
St Eanswythe's*

Wednesday 7 February

9:00am Holy Eucharist, St Clement's

Thursday 8 February

10:00am Holy Eucharist, St Eanswythe's

Friday 9 February

9:00am Morning Prayer, St Eanswythe's
9:30am Clementines Playgroup,
St Clement's*

Sunday 11 February:

Last Sunday After Epiphany - Transfiguration

8:30am Holy Eucharist, St Clement's
10:30am Sung Eucharist, St Eanswythe's
1:00pm Te Hakari Tapu, St Eanswythe's
5:00pm Evening Prayer, St Clement's

**During school term*

Keeping in Touch

- ⇒ Please take this pew sheet with you, for your reference and prayers during the week.
- ⇒ If you are or have been away for a Sunday, you can see recent pew sheets on our website at anglicanaltlav.org.au/pew-sheets
- ⇒ Visit www.facebook.com/anglicanaltlav for photos, links, news and updates.
- ⇒ If you don't already receive our weekly email including news, changes of service times, and other updates, please send your email address to parish@anglicanaltlav.org.au

Giving...

- ⇒ Deposits can be made to the parish Bendigo Bank account at any time (BSB 633 000, account number 157 594 722, account name "St Eanswythe's Altona with St Clement's Laverton Anglican Churches"). For pledge giving please include your name or envelope/reference number. For further details see anglicanaltlav.org.au/giving

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